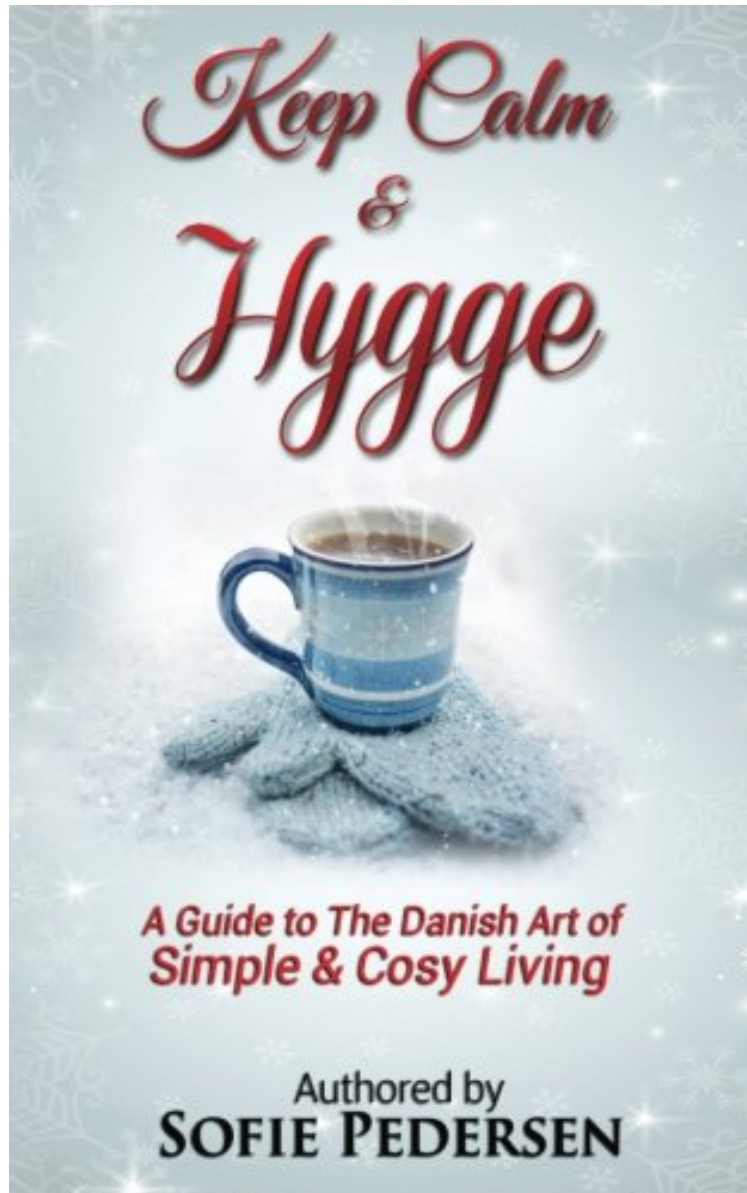


[PDF] Keep Calm Hygge: A Guide to The Danish Art of Simple Cosy Living

Keep Calm Hygge: A Guide to The Danish Art of Simple Cosy Living

Sofie Pedersen

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Art of Simple Cosy Living:

The Danes have discovered the secret to happiness and they are finally sharing it with the world. That secret is hygge. This Danish cultural phenomenon has taken the world by storm with thousands of people around the globe now embracing this Danish concept of cosy and simple living. Denmark has been voted the happiest country for the past 40 years. Wouldn't you love to learn their secret to happiness? This book will help you to be happy every single day! We will learn about how hygge can help us feel satisfied and happy. Wouldn't it be wonderful to de-stress, relax and take a break from our busy lives? But how can we do that? Hygge can help us unwind and enjoy the little things in life. Technology seems to drive families apart even when they are sitting in the same room. How can we use hygge to bring our family together and give us a sense of belonging? How can we create the perfect atmosphere for relaxing and feeling hygge? Everyone can embrace the hygge mindset, hygge does not discriminate, anyone from any walk of life can live a more hygge lifestyle. A smile is your face celebrating life and when we smile it is passed on to those around us. Grab your copy now!