

# Introvert Doodles: An Illustrated Look at Introvert Life in an Extrovert World

Maureen Marzi Wilson

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# INTROVERT DOODLES

BY MAUREEN "MARZI" WILSON



AN ILLUSTRATED LOOK AT INTROVERT LIFE IN AN EXTROVERT WORLD

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#67703 in Books 2016-12-02 2016-12-02Original language:EnglishPDF # 1 6.00 x .70 x 6.00l, .0 #File Name: 1507200013176 pages | File size: 31.Mb

**Maureen Marzi Wilson : Introvert Doodles: An Illustrated Look at Introvert Life in an Extrovert World** before purchasing it in order to gage whether or not it would be worth my time, and all praised Introvert Doodles: An Illustrated Look at Introvert Life in an Extrovert World:

35 of 35 people found the following review helpful. A book about meBy Mr. Mrs. JohnFinally someone who understands!This is a book about me. Marzi accurately draws out the daily interactions of an introvert and those around them. My whole life I've been trying to explain my fears, joys, hesitations... what makes me relax, what makes me anxious... but not many would empathize with me. A lot of people would pick going to a party over going to the library. Not me :)I was "weird and would eventually get out of this phase". Well I'm 30 now and I'm still an introvert. I'm happy and living a very fulfilling life that I love. But where was this book 15 years ago! You see, Marzi not only shows that there's nothing wrong with being introverted or shy, she also does it in a way that makes you laugh and realize your life is actually pretty interesting. I can relate to each page. Now when I'm with someone who just needs a little more understanding about me I want to hand them this book "here, borrow this. You'll understand" ;)0 of 0 people found the following review helpful. Introverts...come and laugh with your tribe!By Just My Opinion....If you are an introvert (or live with one) and you have a sense of humour (or you can laugh at the crazy parts of life), you will identify with and love this.Given to an introverted tween who LOVES it - finally, she has found out that she's really not weird or alone! HIGHLY recommend for any introvert tween/teen girls... Life-changing and empowering,

especially at the age when life is overwhelming and power (especially for introverts) is elusive. Side note: Highly recommend "Quiet Power: The Secret Strengths of Introverts" by Susan Cain as a side reader to this. [Introverted boys may like it...they are pretty much the adventures of Marzi (the illustrator) in one or two pane comic form. Boys who can deal with a female 'protagonist' will be fine. The focus is on being an introvert, not being female. For all extroverts...read this and learn about life on the other side of the party...we all have a bit of introvert inside us. 2 of 2 people found the following review helpful. It Describes an Introvert's Life Perfectly! By Brenda Cobb Murphy I have thoroughly enjoyed this book and am amazed at how much insight her cartoons have given me into my being an introvert. I could identify with so much of this book and would laugh out loud at times over how much I saw myself. For example, things that I just thought were my personality suddenly made sense, like her "Thanksgiving Survival Tips." One is "If it gets to be too much, escape to the bathroom." Oh my gosh, that's always been something I do in a group setting! Even at the Christmas party recently, before I got there I was planning my escape to the bathroom just to stand and collect myself. I've always said, "I'm my own best friend." This book put who I am into words.

As seen on Happify Daily! "Marzi's charming and irreverent illustrations are exactly what young and old introverts need to approach their temperament with wisdom and self-affirmation." --Susan Cain, author of Quiet Whoever said there's strength in numbers lied. Meet Marzi. She's an introvert who often finds herself in awkward situations. Marzi used to feel strange about her introverted tendencies. Not anymore! Now she knows that there are tons of introverts out there just like her--introverts who enjoy peace and quiet, need time alone to recharge their battery, and who prefer staying in with their pet and a good book to awkward social interactions. Just like Marzi, these introverts can often be found in libraries, at home watching Netflix, brainstorming excuses to miss your next party, or doodling cute cartoons. Being an introvert in an extrovert world isn't always easy, but it certainly is an adventure. In Introvert Doodles, follow Marzi through all of her most uncomfortable, charming, honest, and hilarious moments that everyone--introvert, extrovert, or somewhere in between--can relate to.

Marzi Wilson sums up the life of an introvert perfectly with her comics. She also uses her art to provide some excellent advice for people who have an introvert in their lives. And of course, there are always reminders that the extroverts in our lives keep us nice and balanced. (Buzzfeed) "Delightful." --Huffington Post Lifestyle Whether you're an introvert who needs a reminder that different doesn't mean damaged, an extrovert keen to understand those more reflective people in your life, or somewhere in the middle, these laugh-out-loud doodles from Marzi's new book have you covered. (MindBodyGreen) In just one image, Marzi captures what it is to be an introvert and have social anxiety. It seems so simple, and yet it's so well done. My go-to Christmas gift. If you are an introvert or have an introvert in your life, do yourself a favor and get this book immediately. (BookRiot) About the Author Maureen Marzi Wilson had a quiet childhood by the Chesapeake Bay, and is enjoying an equally quiet adulthood by the Yellowstone Forest. When she isn't doodling for Introvert Doodles, she creates instructional art videos for her DIY website, MadeByMarzipan.com. Her hobbies include reading, swooning over typography, and cuddling her Yorkie, Kiko. That's as much information as she's willing to share with you, as she's an introvert and doesn't know you very well. Check out her website [IntrovertDoodles.com](http://IntrovertDoodles.com) and find her on Instagram @IntrovertDoodles.