

(Free) How to Make Natural Body Butter

## How to Make Natural Body Butter

*Dr Miriam Kinai*

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**Dr Miriam Kinai : How to Make Natural Body Butter** before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Make Natural Body Butter:

How to Make Natural Body Butter teaches you how to make homemade, handmade, healing body butters. How to Make Natural Body Butter also teaches you the best vegetable oils, essential oils, and natural butters to use to make body butters for mature and dry skin types as well as to help manage eczema, psoriasis, menopausal symptoms, pre-

menstrual tension (PMS), painful periods, arthritis, stress, sadness or depression, mental exhaustion, and insomnia or sleeplessness.