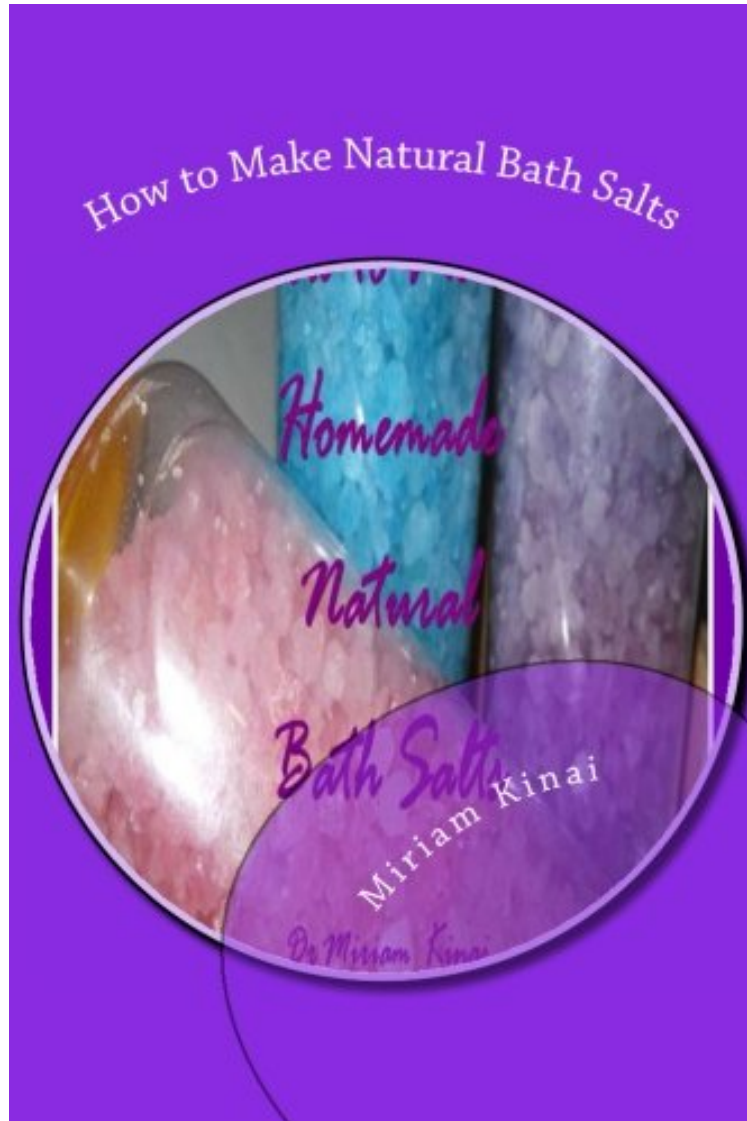


[Library ebook] How to Make Natural Bath Salts

How to Make Natural Bath Salts

Dr Miriam Kinai

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will refer back to this I'm sure more than once.

How to Make Natural Bath Salts teaches you how to make amazing homemade, handmade, and healing bath salts. How to Make Natural Bath Salts also teaches you the best vegetable oils, essential oils, and herbs to use to make bath salts for mature and dry skin types as well as to help manage eczema, psoriasis, menopausal symptoms, pre-menstrual tension (PMS), painful periods, arthritis, stress, sadness or depression, mental exhaustion, and insomnia or sleeplessness.

About the Author Dr Miriam Kinai is a medical doctor and certified aromatherapist.